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# Leaving The United States: How We Moved To Costa Rica: An Expat Family's Story Of Relocating To Another Country.



An expat family's story of relocating  
to another country



SHAWNA MORRIS



## Synopsis

Have you ever dreamed of actually living in your #1 fantasy, dream location? How would you make it happen? Caution: this book may cause you to wake up and dream out loud! Shawna Morris crafts an engaging story out of the facts of making the seemingly impossible dream come true. Moving to a tropical paradise when nobody you know has done it can be overwhelming and scary. The Morris family is an ordinary family with a kid and a dog, and they did it! They followed their dreams and landed smack dab in the heart of Central America, Costa Rica. They threw caution to the wind...no, wait, they did NOT throw caution to the wind. They researched, planned, and planned some more, and turned their biggest fantasy into reality. Unlike most "how to" or "guide" books, *How We Moved to Costa Rica*, is a motivational and entertaining story inviting you along to share an adventure of a lifetime. Full of checklists and practical, results-oriented process, Shawna eloquently dispels the fears you may have surrounding a desire to expatriate and move to a far away paradise. The heart-centered approach and raw, tell it like it is style, is full of laugh out loud moments as well as poignant, personal reflections. No stone, pragmatic or emotional, is left unturned as you learn what it takes to dig deep and make the impossible real. Through their story you will find guidance in how they: Worked through the emotional stress of making hard decisions and leaving family Got answers to the questions about the process of moving to another country Clearly identified goals Down-sized and decluttered Identified fears and obstacles keeping them from success Established clear, concrete action item lists Created a timeline projection & schedule with measurable milestones Currently live the life they designed With only one life, the time is now to choose your best life, no matter where you are on the planet. The fact is, we create our reality, whether we realize it or not. So, why not begin taking action to create your life on purpose?!

## Book Information

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## **Customer Reviews**

What a charming and at the same time very practical book. Nothing really new for anyone who has made this transition as I have, but seeing the organisation of thoughts, useful tables and checklists in print makes me remember just how complicated this process can be. I can recognize many of the steps they had to take and verify that anyone contemplating a similar move is well served by emulating their example. Shawna's whimsical asides and droll humour adds life to what could have been a dry text book. Steve Friedman

Written with such wisdom, compassion and humor. It is a must read for anyone thinking of relocating to a different country as well as a great read for all of us dreamers. The best ex-pat story I've ever read. Completely entertaining as well as detailed on "how to do it". This is a can't- put-it-down page turner for everyone.

Thank you Shawna! I feel renewed energy to get my dream of living abroad moving again! Your comments/recommendations for making all the lists and setting goals have inspired me out of the complacency that has plagued me. I especially liked reading about how you downsized and got your possessions organized for the move- probably one of the biggest things holding me back after 47 years of collecting crap. Thanks again! Hope to share a Mango with you some day...soon-JWhitley

Great read from first to last page. Read it straight through. Good suggestions and explanations. Recommend the book not only to those thinking of moving out of North America or Europe to start a life in Costa Rica, but to those wishing to explore the country for an extended period of time in order to restore or reset their inner self. I think it is great that the author(s) are available for consultation.

This story is both informative and fun to read. Shawna made me laugh a few times with her easy going sense of humor! The information is real, honest, and very inspiring! Lots of important points to consider when you are considering moving to another country...the Morris's break it all down into manageable steps!!

Great information for families planning to move across the state or out of the country, not just Costa Rica. Full of many useful tid-bits to make the transition easier. Written with wit and a sense of humor, this is an easy read!

Nicely done. Good info and advice for those considering a move like this. And they also assist others in all aspects of the move and provide their website. Good marketing via the book. Enjoyed the humor.

Easy, funny, exiting and filled with amazing tips, The e.book is perfect for anyone that wishes to make a transition without knowing where to starts!

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